

Calalta FSC 2011 2012 Handbook

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Jimmie Condon Arena



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Welcome to Calalta Figure Skating Club

Calalta is a non-profit community based skating club that operates out of Jimmie Condon, Rose Kohn arenas with community programs also operating out of Norma Bush, Brentwood, North East Sports Plex, West Hillhurst, Bowness and Cochrane arenas. We strive to teach the magic of skating with quality, creativity and a strong technical standard. We thank you for choosing Calalta figure Skating Club and look forward to another exciting and productive skating season with both our returning and new members.

Mission Statement

It is our goal to provide programs, coaching and recreation that will encourage each skater to achieve their own personal level of highest performance in a safe and healthy environment.



Code of Behavior

1. Represent the Calalta Community Figure Skating Club in a respectful and professional manner.
2. To strive to create and maintain cooperative relationships with skaters/parents and coaching colleagues for the purpose of ensuring a positive skating environment.
3. Non-Payment of Club fees will result in withdrawal of skating privileges.
4. No food, gum, candy or glass containers are permitted on the ice surface. Alcohol/drugs are forbidden at all club activities. Abuse of this will result in expulsion.
5. Pushing, tripping, horseplay, intentional interference with other skaters or profanity may result in expulsion of the offending skater. Parents are responsible for the behavior of their children.
6. Everyone MUST leave the ice during a flood, and promptly at the end of each session.
7. All CCFSC skaters and guests are expected to dress and behave in an appropriate manner that reflects good taste, and good moral attitude.
8. Inappropriate and disrespectful behavior by Skaters and/or Parents to Coaches, Club officials or Skating School Employees can result in temporary or permanent suspension from CCFSC.
9. Skaters, Coaches and or Parents are not to loiter in the music room. The music room is a working space for the rink chairpersons please respect both the space and club employees.
10. Videotaping or photographing of skaters during practices, competitions, performances and simulations is allowed if used for promotional purposes.
11. There is no bullying, victimizing, harassing (sexual or otherwise), impersonating, vandalizing or stealing from another skater. Disciplinary actions may include suspension or expulsion.
12. All skaters are to display good sportsmanship and encourage all skaters' enjoyment of skating.
13. All Skaters are responsible for keeping the dressing rooms clean and tidy. The skaters are responsible for putting away their own personal items and throwing away any garbage. Skaters are also expected to use his/her respective dressing rooms.
14. Direct any concerns in writing to the Board of Directors.

Ice Rules & Etiquette:

Soloists have the right of way but all skaters need to be aware of their surroundings and respect everyone on the ice

Coaches doing choreography also have the right of way if they are using music

Exit the jumping zone towards the end of the arena

Spin in the spinning zone only

When skating away from the boards, pay attention to oncoming skaters

Keep conversations to a minimum-if there is a need to talk, move to the side of the rink

No profanity or disrespect to fellow skaters, coaches, rink chairpersons will not be tolerated

Skaters are to use his/her respective dressing room

No loitering in the music room

Coaches please stay to the side of the Ice during lessons unless demonstrating or aiding your skaters

The Skating Director, Board of Directors and rink chairperson have the authority to enforce the rules

Parents are not allowed in players boxes or penalty boxes

Parents are not allowed past double doors to dressing rooms in Jimmie Condon Arena during session times. Allowed to put skaters skates on prior to start of session and after session

No talking to skaters during session

Skaters are not allowed to leave the ice until the session is completed

The Skating Director, Board of Directors and rink chairperson have the authority to enforce the rules

Liability Disclaimer

Calalta Community Figure Skating Club is not liable for personal injuries or loss of or damage to personal property. Each skater may decline to participate in any activity. Please inform your coach of any personal limitations you may have. If you have any doubt about your personal physical abilities, please consult your physician before participating.

Have a Question?

If you have a problem or question, please refer to your coach. Questions regarding club policy should be directed towards the Board of Directors. Scheduling and programming questions can be directed to the Director of Skating (Scott Davis). All other questions can be answered by the Calalta office administrator by email *figure@telus.net* or phone 403-245-2425

Pick Up or Missed Ice Policy

Ice canceled by CALALTA for tests, competitions or other special events can be made up at no additional charge. All other missed ice is not replaceable.

Skaters that are only getting a lesson are only allowed on the ice for the duration of a 15 minute lesson. If they stay on the ice longer they must pay for the entire session. Skaters are limited to one such 15 minute lesson a week

Skaters must check in at the music room for each session.

Pick up passes can be purchased from the Rink Chairperson or any Coach.

Withdrawal Policy

Calalta figure Skating Club will provide refunds for medical/injury purposes only and must be accompanied with a medical note.

Calalta membership fees are non refundable.

Off Ice Training

COP

Tuesday

Wednesday

Saturday

**Both locations for off-ice are
Purchased through online
registration only**

JIMMIE CONDON

ARENA

Wednesday 6pm

Saturday 9:00 am

Sunday 10:15 Jr/Int Pilates

Sunday 11:30 Sr Pilates

Off Ice Training Rules

Off ice training equipment is available to all Calalta members who receive supervised training from our off ice training instructors

Members over 14 years old who have received a program and orientation from DSE Enterprises may use the off ice training equipment on their own

Equipment must be wiped down after each use. All equipment must be put away after use.

No food allowed in the off ice training area (please eat downstairs)

Members must clean up after themselves

Volunteer Requirement

Family participation is required for the successful operation of CALALTA. Every family is required to do volunteer time. The minimum time is Ten (10) hours for regular skaters

Each family must submit one cheque at registration and they will be cashed on March 1 2012, if commitment has not been fulfilled. Regular Calalta skaters must submit one cheque of \$300.00, dated March 1, 2012

Volunteer opportunities include but are not limited to:

Upstairs room cleaner
Food for competitions
Ice Captain Test days
Ice Captain Competition
Music Player test days
Carnival Committee

Music Player competition
Announcer Test days
Announcer for competition
Registration for competition
Used dress sale
Banquet coordinator

Please contact Dianne Daniel at drdaniel@telusplanet.net for further information on volunteer opportunities

Adults and associate members are always welcome but not obligated to fulfill volunteer requirements

Calendar Of Events

First day of Fall Skating

Tuesday September 6, 2011

SGI Sask Skate Competition

Oct 7-9, 2011, Saskatoon

Thanksgiving Monday October 10th No ice Jimmie Condon Regular skating COP (no off ice, make up off ice October 13)

Royal Glenora Invitational

Oct 14-16, 2011, Royal Glenora Club, Edmonton

BMO Skate Canada Alberta/NWT/ Nunavut Sectionals

Nov 3-6 2011, Grande Prairie SC, Grande Prairie AB

Remembrance day November 11 No ice Jimmie Condon Regular Skating COP (no off ice, make up off ice October 14th)

Calgary Region Open

Nov 18-20 2011, Calalta FSC, Calgary AB

2012 Skate Canada Challenge

Nov 30-December 4 2012, Regina, Saskatchewan

Alberta Winter Games Zone 1,2,3,4 Runoffs

December 3 2011, Indus FSC, Indus AB

Christmas Break (No Skating)

December 16 last day at COP December 18th last day at Jimmie Condon

December 19-January 1, 2011, *Modified Pick up Schedule December 19-30,2010*

Winter Schedule Resumes

Sunday January 2, 2011

2012 Rosebowl

January 14-15 2012, Calgary Synchronized Skating Club, Calgary AB

2012 Canadian Figure Skating Championships

January 16-22, 2012, Moncton, NB

Western Regional Adult Competition

February 3-5 2012, Carstairs SC, Carstairs AB

Alberta Winter Games

February 9-12 2012, Parkland, Stoney Plain, Spruce Grove

Winsport Figure Skating Competition

February 17-19 2012, Calalta FSC, Calgary AB

Family Day Monday February 20 no ice Jimmie Condon Regular skating COP (no off ice make up off ice April 6)

2012 Alberta-NWT/Nunavut STARSkate Championships

February 23-26 2012, Whitecourt FSC, Whitecourt AB

Club Competition

Saturday March 17, 2012, Calalta FSC Calgary AB

Banquet

Saturday March 17th, 2012

Chinook Invitational

March 30-April 1, 2012, Lethbridge FSC, Lethbridge AB

Skate Canada Adult Figure Skating Championships

April 6-8, 2012, Charlottetown PEI

Glencoe Invitational

April 5-7, 2012, Glencoe Club, Calgary AB

SASC Springsational

April 13-15, 2012, St Albert SC, St Albert AB

Year End Carnival

Saturday April 14, Max Bell Arena, Calgary AB

Wild Rose Invitational

August 10-12, 2012, Alberta Figure Skating Foundation, Leduc AB

Test days

December 6,7,8

Jan 31, Feb 1,2

April 16,17,18

Sunday Stroking and Pilates

September 11,18,25

October 2,16,23,30

November 13,27

December 4,11,18

January 8,15,29

February 5,12,26

March 4,11,18,25

April 1.8,15